

SCHWARTZ ROUNDS

WHAT ARE THEY?

A forum for staff and students from all health and social care professions to come together to discuss the emotional care aspects of their work and training.

WHO CAN ATTEND?

All health and social care students and staff. No booking needed – first come, first served. Volunteer as a panellist or just come and share the experience as part of the audience.

"...It was powerful, heartfelt, and helps break through boundaries and barriers."

WHY IS PLYMOUTH UNIVERSITY RUNNING THEM?

Research on Schwartz Center Rounds and broader psychological wellbeing shows that acknowledging the emotional aspects of providing care for others is helpful when done in a supportive and safe environment.

We believe that the experience of Rounds will promote an attitude of reflective practice and help break down professional boundaries – setting the scene for future professional practice and lifelong learning.

"I wasn't expecting to benefit as much as I did...I will return to my placement with more confidence that my feelings are normal and I'm not a fraud."

WHEN ARE THEY RUNNING?

Two of the five Rounds for 2016/17 remain – dates for 2017/18 to follow:

Wednesday 7th June 2017	'Learning from mistakes'	Rolle 115, Drakes, Plymouth	1700-1730 coffee/tea and biscuits 1730-1830 Round
Wednesday 12th July 2017	'Broaching the mental health question'	Lecture theatre, Knowledge Spa, Cornwall	1130am – 12 noon coffee/tea and biscuits (bring lunch) 1200 – 1300 Round

"The question in the session was asked what we do with all that 'emotion' in the long term. I don't know how we do. It is part of us and remains poignant and painful for always – I had the feeling my 'well-managed' emotions are indeed very close to the surface. It doesn't take much to invoke them but we also have to 'function'."

HOW CAN I FIND OUT MORE?

Contact one of the following staff who represent the Steering Group:

Daranee Boon – daranee.boon@nhs.net

Annie Mitchell – annie.mitchell@plymouth.ac.uk

Margaret Fisher – mfisher@plymouth.ac.uk

Student ambassadors and profession-specific staff are also available for further information